

# CAN YOU DIG IT!



Join your community in transforming urban areas into food-growing gardens



## New Garden

on Kaslo and 29<sup>th</sup> Ave

(4410 Kaslo, 29<sup>th</sup> Ave skytrain station)

The garden is recruiting  
**NOW!**

Get involved in planning and building the garden.

Get a plot to grow your own food.

Other gardens are created in Vancouver, North Vancouver, Burnaby, and Coquitlam...

...Contact us to learn more about them and come garden with us.

An urban agriculture and community engagement initiative

*For more information, please visit*  
[www.posAbilities.ca](http://www.posAbilities.ca)

## Want a garden plot?

Create a food-growing garden at home or join your neighbors in a community garden!

**CONTACT Can You Dig It**

[canyoudigit@posAbilities.ca](mailto:canyoudigit@posAbilities.ca)

**GROW** food for your family

**CONNECT** with your community

**CREATE** meaningful relationships

**SHARE** your knowledge and your produce

**LEARN** from gardeners from around the world

Together, we can all plant a seed!