

SERVICES

Mainstream provides a broad range of services to children, youth and adults. These services include:

Residential:

- 24 hour residential homes
- Semi-independent homes
- Supported living
- Host families
- Respite

Day Support:

- Social/recreational programs
- Work experience
- Life skills
- Theatre troupe

Behavioural Consultation

- Early Intensive Behaviour Intervention
- Behavioural support to children, youth and adults with autism, developmental disabilities, and/or challenging behaviours.

Mainstream Association for Proactive Community Living

Opening doors to a world
of possibilities.
Believe. Empower. Inspire.



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carf

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Mainstream Association For Proactive Community Living



A Neighbour In 14 Communities

*"Moving from Community Living
to a Living Community"*

About Mainstream

PHILOSOPHY

Mainstream Association for Proactive Community Living is committed to building and participating in a community where all persons are welcomed and where all members are valued for who they are and for the contributions they make. This is the vision of an inclusive community—a place characterized by diversity, hospitality, belonging and respect.

Persons with developmental disabilities have historically been excluded from our society and segregated into institutions. This has weakened our communities because it has deprived us of the richness of their perspectives and abilities. It has also deprived us of the beauty of their friendship. Including them in our lives and neighbourhoods makes for a better, stronger and safer community.

We are also committed to persons with disabilities having and exercising the same rights to self-determination as other citizens. To be self-determining means that one has control over one's life and future—and this includes the right to make decisions about where one lives and how one lives. This is essential to self-esteem, meaning and hope. This is essential to quality of life.

HISTORY

Mainstream came together in 1998 with the merging of four community living agencies that had a collective experience of 50 years in the field. In 2001, the Laurel Group also joined such that we are now one of the largest community living organizations in BC.

Our services are all accredited through CARF.

PROMOTING INDEPENDENCE

We are committed to empowering the persons we support so that they have more control and choice in their lives. This includes increasing their skills and abilities; it also means giving them more control over the decisions that affect them.



FAMILY, FRIENDS & ADVOCATES

The Association values the essential roles that family, friends, and advocates play in the lives of people with disabilities. These roles include:

- Providing support, love, unconditional acceptance, and understanding.
- Providing a shared history and sense of belonging.
- Acting as advocates on behalf of the supported individual.
- Acting as monitoring agents.

We will promote the involvement of family, friends and advocates in planning and events.

QUALITY ASSURANCE

We are committed to continuous quality improvement. We track and measure our performance in a number of areas—including how persons served and their families feel about our services—and we will share this information with you.